



OAKWOOD
FIRST AID



first aid courses and supplies



Who We Are

Oakwood **First Aid** provide training and supplies to the general public and the work place.

Using the decades of experience gained by our NHS Paramedics, Ambulance Technicians and Accident and Emergency nurses, we provide courses that save lives.

Alongside the first aid courses that we provide, we also supply medical equipment, from plasters to AED's. Whatever your requirements, individual kits to bulk orders, homes to factories, we aim to keep you, your home, your family and your workforce safe.

Our years of experience cannot be found in books, **OFA** was founded and is run, by hands on NHS professionals.

What We do:

- First Aid Training & Courses*
- E Learning*
- First Aid Supplies

*FAW, eFAW, CPR, AED, Health & Safety, Manual Handling, Equality & Diversity, Infection Control... [more info online](#)



qualified & experienced NHS professionals

eMail: info@OakwoodFirstAid.co.uk

Click: www.OakwoodFirstAid.co.uk

Why First Aid?

It's called **first aid** for a reason, whether it is a minor cut or a more serious accident, having the confidence and ability to act, **saves lives**.

“Up to 150,000 people in the UK die each year in situations where first aid could make a difference” Source: St Johns Ambulance

Our courses are taught by experienced, NHS and Emergency Services personnel. With their experience alone, you can save lives. Add to this, certification for your staff by HABC & QCF, and you have a **safer** workplace, which gives peace of mind & staff loyalty.

Schoolboy, 9, saves his choking little brother's life hours after passing a first aid course:

James Reed stopped three-year-old Harri from choking on a sandwich.

The quick-thinking youngster performed first aid when Harri turned blue.

He had learned how to deal with a choking incident earlier that day.

Source: Mail Online 18th June 2013

HERO

first aid courses and supplies

Phone: 01622 675 758

Mobile: 07546 975 897



Our Courses

Oakwood **First Aid** course trainers work in or come from the NHS & Emergency Services, so you are getting the very best training you can get. **Experience** & academic learning.

HABC **Level 2 Award in Emergency First Aid at Work (QCF)**

- The roles and responsibilities of the Emergency First Aider
- Assessing an incident
- Recognising signs and symptoms of injury and illness and assisting a casualty who is suffering from injury and illness

HABC **Level 2 Award in Safe Moving and Handling (QCF)**

- The safe moving and lifting of loads

HABC **Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (QCF)**

- Recap of personal safety
- assessing the incident and patient
- DRABC check and sending for help
- Defibrillation (recognition of heart rhythms)
- CPR and use of AED on a casualty
- General guidelines for using a defibrillator
- Recording of information (sample report form)
- Handover to the emergency services

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HABC Level 1 Award in Health and Safety for Retailers

Learners gaining this qualification will know that Health and Safety is the responsibility of everyone within a business, including contractors, visitors and suppliers.

HABC Level 2 National Award in Infection Control

- Standard Infection Control Procedures
- Prevention of infection
- Waste disposal

HABC Level 3 Award in First Aid at Work (FAW)

- Incident Management
- Casualty Head to Toe Survey
- CPR
- Minor Injuries
- Major Illnesses
- Head and Chest Injuries
- Suspected Spinal Injuries
- Burns and Scalds and Sudden Poisoning.

And Remember...

...these are only some of the courses that we provide, visit www.OakwoodFirstAid.co.uk for full details and more information.

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Your first aid kit should be locked and kept in a cool, dry place, out of reach of children.

What We Supply

Oakwood **First Aid** supply everything from plasters to full first aid kits, even life saving equipment, such as AED's.



Standard **First Aid Kits**

With all of the **OFA** team coming from the NHS and Emergency Services, we know how important even a standard first aid kit can be. **Stay safe.**



Kitchen/Catering **First Aid Kits**

We do not need to tell you just how dangerous a kitchen can be!

The good news is you can minimise long term damage by reacting quickly.

With so many people filing injury claims, protecting patrons as well as staff is becoming increasingly important.



Full **Supply Range**

Visit us **online** to see our full range. Workplace first aid kits, burns kits, catering kits, general supplies, childrens first aid kits and a whole lot more.

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According to the **British Heart Foundation**, 30,000 people in the UK, each year, have a cardiac arrest outside of the hospital environment.

Of these 30,000 people:

Only **2%** will survive to leave hospital if no CPR is performed until an ambulance arrives.

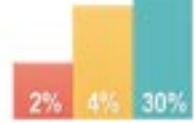
Only **4%** will survive to leave hospital if CPR is performed prior to an ambulance arriving.

30% will survive to leave hospital if an AED is used within 3-4 minutes of the cardiac arrest happening.

Automated External Defibrillators save lives

AED Courses & Sales

- Assessing the incident and patient
- DRABC check and sending for help
- Defibrillation (recognition of heart rhythms)
- CPR and use of AED on a casualty
- General guidelines for using a defibrillator
- Recording of information (sample report form)
- Handover to the emergency services



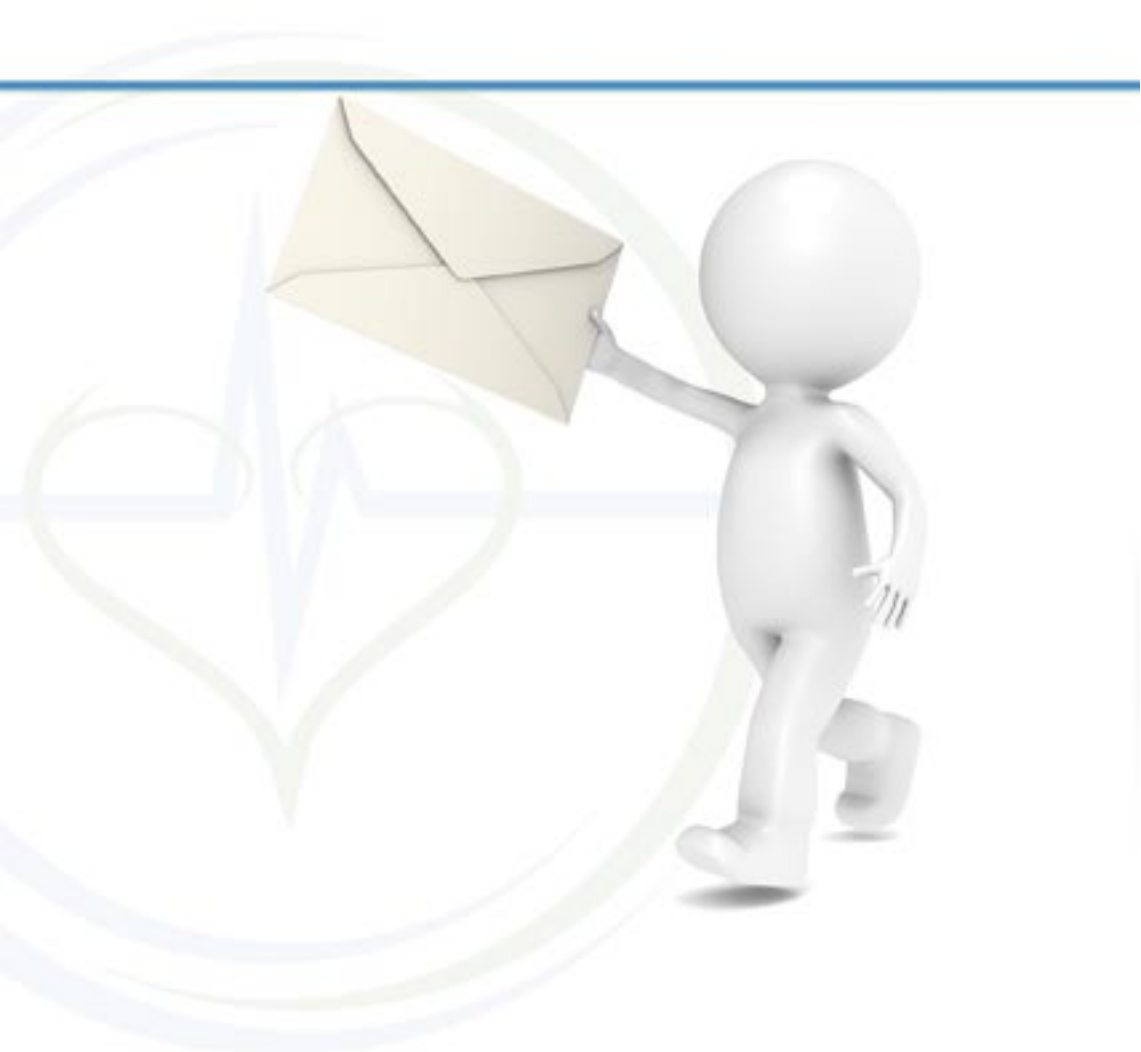
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