

IOSH Working Safely

Institute of Occupational Safety and Health

1 DAY COURSE

IOSH TRAINING

Training Objectives

To raise the awareness of the individual to their legal responsibilities and the risks that face them every day.

For the award of:

“IOSH Working Safely” Certificate

Who Should Attend:

- Managers
- Supervisors
- Safety & Employee Representatives
- Employees.

Learning Objectives

This course will give a clear picture of the legal responsibilities placed on the individual while at work, including raising the individuals awareness to specific workplace hazards i.e. COSHH, Manual Handling, Work Equipment.

These courses are tailored to reflect the work activities staff undertake.

Course Syllabus

Course introduction

The Principles of accident causation and accident prevention

Legal Requirements, including:

- Health and Safety at Work Act 1974
- Management of Health and safety at Work Regulations 1999.

Risk and Hazard Awareness Modules

Highlighting and discussing the specific risks faced by personnel and practical advice on how to reduce personal risk at work.

Modules include:

- First Aid
- Fire Safety
- Office Safety
- COSHH
- Personal protective equipment
- Manual Handling
- Electricity at Work
- Work Equipment
- Slips, trips and falls
- Vehicle Safety
- Display Screen Equipment

Individual hazard modules can be selected to reflect workplace scenarios.

Open forum - a discussion period for delegates to ask questions regarding specific health and safety problems.

Test: Multiple Choice (45 minutes) and Hazard Spotting Exercise

